

## WINTER/SPRING 2026

## PROGRAM GUIDE



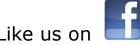






WARREN COUNTY YMCA 212 Lexington Avenue Warren, PA 16365

814-726-0110 ~ www.warrenymca.org



Like us on Facebook at: Warren County YMCA – Pa

## Welcome to our Y!

### **WARREN YMCA MISSION STATEMENT**

The Warren County YMCA provides opportunities to all individuals, youths, adults and families in the community by putting Christian values and principles to practice through facilities, programs and activities that build healthy spirit, mind and body. Programs are made available to all persons regardless of their ability to pay.

The Warren County YMCA is made of people of all ages and from every walk of life working side by side to strengthen communities. Together we work to ensure everyone, regardless of gender, income, faith, sexual orientation or cultural background has the opportunity to live life to its fullest. We share the values of caring, honesty, respect and responsibility - everything we do stems from it.

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## **SESSIONS Winter/Spring - 2026**

## **Registration Dates**

## **5 Week Session Dates**

Monday, December 8th(Open Enrollment) Monday, December 1st - EARLY REGISTRATION (8:00 am - 4:00 pm) for members currently enrolled in Progressive Swim, Progressive Gymnastics, and Tiny Tumblers. Monday, February 2<sup>nd</sup>(Open Enrollment) \*Monday, January 26th- EARLY REGISTRATION (8:00 am - 4:00 pm) for members currently enrolled in Progressive Swim, Progressive Gymnastics, and Tiny Tumblers Monday, March 9<sup>th</sup>(Open Enrollment) \*Monday, March 2<sup>nd</sup> -EARLY REGISTRATION (8:00 am - 4:00 pm) for members currently enrolled in Progressive Swim, Progressive Gymnastics, and Tiny Tumblers Monday, April 13th (Open Enrollment) \*Monday, April 6<sup>th</sup> -EARLY REGISTRATION (8:00 am - 4:00 pm) for members currently enrolled in Progressive Swim, Progressive Gymnastics, and Tiny Tumblers May 25<sup>th</sup> –June 7, 2026:.....SESSION BREAK

## **REGISTRATION**

It's easy to register for programs at the Warren County YMCA. Our programs/classes run in a 5-week session format, beginning the first week in January. Members have priority registration 5 days before registration opens to non-members.

- <u>Member Registration:</u> Members may sign-up at the Welcome Desk beginning at 8:00 am on Wednesday of registration week. After Wednesday, the first week of registration is open to YMCA members only beginning at 8:00 am. After the first week, designated classes are open to all to register with registrations beginning at 8:00 am daily (Mon-Sat). Registration **closes** at the end of the 2<sup>nd</sup> week of each 5-week session.
- **Early Registration:** Member participants who are registered for the current session of Progressive Swim lessons, Progressive Gymnastics and Tiny Tumblers can register for the exact same class (day and time) prior to our registration period. Early registration will be held on the Monday before our regularly scheduled member registration period. Members will have an 8-hour window, from 8:00 AM 4:00 pm, to register. After 4:00 pm, registration will *CLOSE* and will re-open for members at the regularly scheduled registration period.

#### • Phone registrations:

- <u>WEDNESDAY ONLY OF REGISTRATION WEEK</u> FOR MEMBERS phone registrations will begin at 8:00 am.
  - **X** When you call, please have the following information ready:
    - Participant's name
    - Class name
    - Class Day and Time
    - Credit/Debit Card Information

#### **Online Registrations:**

Register online for your favorite YMCA classes at <a href="www.warrenymca.org">www.warrenymca.org</a>. YOU WILL NEED TO CREATE A USER NAME AND PASSWORD IN ORDER TO SIGN UP FOR CLASSES. PLEASE NOTE THAT SWIM CLASSES CANNOT BE REGISTERED ONLINE DUE TO THE NECESSARY SWIM WAIVER WHICH NEEDS SIGNED ACCORDING TO OUR LIABILITY INSURANCE.

#### Please remember...

- We are trying to better serve our members with easier ways to register for classes. If a class is full, we will
  make every attempt to accommodate the participant, however, it may be on another day or at
  another time.
- All YMCA programs are open to YMCA members only unless otherwise noted.
- All programs run in five-week sessions unless otherwise noted.
- All schedules are subject to change. All class fees are subject to change.
- Certain classes require minimum enrollment to run. The YMCA reserves the right to cancel a program. Refunds will be made on any class cancelled by the YMCA.
- \*\*Parent/Guardian of non-member youth attending programs may purchase a day pass to use facility or enjoy our Front Lobby Welcome Center while waiting.

## **Program/Class Refunds**

Program fees have reserved a place for the participant in the class and may have prevented someone else from participating. If the YMCA cancels or adjusts the scheduling of the program, monies may be credited towards another session or refunded.

- Cancellation of any program/class before or during the first week of the session, members/non-members will receive 75% credit.
- No credits will be given after completion of the first week of the session. Program session fees will not be prorated for late registration, holiday closings, or unattended classes.

# FACILITY HOURS Warren, Youngsville, Sheffield

## **Warren YMCA**

(Located at 212 Lexington Ave., Warren, Pa.)

Monday through Friday......5:00 am - 9:00 pm\* ("Y" After Hours 9:00 pm - 12:00 am M-Thurs.)

Saturday......7:00 am - 7:30 pm\* (Thru May 16<sup>th</sup>)

Sunday ......12:30 pm - 5:00 pm\* (Until May 17<sup>th</sup>)

\*Summer Hours begin Memorial Day Weekend

\*\*Members wishing to work out until closing may do so, however, note that locker rooms will close 15 minutes before the building closes and showers will not be available. \*After Hours please use the West Entry Door.

## **Youngsville YMCA**

(Located at 80 Ford St., Youngsville, Pa.)

Monday through Friday......5:00 am - 7:00 pm Saturday.....8:00 am - 1:00 pm Sunday (No Sunday Hours)

#### Sheffield YMCA

(Located at 407 S. Main Street, Sheffield, Pa.)

Warren YMCA is handicapped accessible, providing an ADA/Family locker room and elevator service for those with limited abilities.

<u>"Y" After Hours:</u> The Warren County YMCA offers our dedicated members the "Y" After Hours. This extension of hours gives members the opportunity to utilize the YMCA after our regularly scheduled business hours; therefore, no Front Door entry access or locker room services. \*Members utilizing the "Y" After Hours will enter and exit the facility on the West side entrance. Please have membership card available to present to staff attendant on duty at West Entrance. Day passes are not available during "Y" After Hours. \*This is a YMCA Member service only. Must be 16 years and older. (Age 13-15 may attend with parent/guardian.)

#### "Y" After Hours services available:

Precor Fitness Room / Functional Fitness Room Upstairs / Weight Room / West Gymnasium / Indoor Track / Racquetball Court / \*\*No locker room service available.

## Fall/Winter Closings:

**Labor Day** 

Thanksgiving Day

Black Friday Following Thanksgiving: Hours: 8:00 am - 1:00 pm

Christmas Eve Christmas Day

December 26<sup>th</sup>: Hours 8:00 am - 1:00 pm New Year's Eve: Hours 5:00 am - 1:00 pm

**New Year's Day** 

## **MEMBERSHIPS**

## Please see our website for 2026 membership rates.

#### Conditions of Membership:

- **Membership Plans:** Annual membership or Monthly Draft membership payment through checking, savings, and credit or debit card. The Warren County YMCA reserves the right to revoke any membership. No monthly cash payments permitted with the Monthly Draft membership.
- **Membership Dues:** Non-refundable
- **Membership Cards:** All members are required to submit a valid membership card for identification when using the facility and programs.
- **Replacement Cards:** Annual members are offered a replacement card at the time of membership renewal. Y draft payment plan members can request a new card (1) per calendar year. A fee of \$2.00 for any necessary replacement cards. Insurance based membership card replacement is \$1.00.
- **Membership Card Sharing:** All active members receive a new membership card when joining the Y which is assigned to the member alone. Card sharing is not permitted and can result in the active member's suspension.
- **Equipment Rental:** Membership cards are required to rent YMCA equipment. Any YMCA rented equipment returned in damaged conditions will result in reimbursement by the member for all damaged YMCA property. All members/guests share responsibility for proper care of facility and equipment. Any improper abuse of YMCA property will be subject to suspension and/or revocation of membership.
- Lost/Stolen Items:The Warren County YMCA is not responsible for lost or stolen articles.
- **Health Center Locker Rooms:** Available to paying members alone. Individuals 18 or older permitted. Children are not permitted inside HC Locker Rooms.

## **DAILY GUEST FEES**

DAILY GUEST FEES - Warren Y	MCA
Youth (infant through high school)	\$ 8.00
Adult (18 and older)	\$11.00
Health Center Locker Room Usage Fee	\$16.00 (age 18 and older)
YMCA Member - Health Center Usage Fee	\$ 4.00 (age 18 and older)
Non-member 5-week Program Participant – Health Center Usage Fee	
Family/Friends Guest Pass Holder – Health Center Usage Fee	
Family Pass (up to 2 adults and 4 children under 18)	\$23.00
Away YMCA Members - must show valid membership card so we ma	ay call to confirm active
membership. <i>Limit of 20 visits per calendar year permitted. After 20</i>	· · · · · · · · · · · · · · · · · · ·
Away YMCA Member - State of PA YMCA - Regular Locker Room	No Cost
Away YMCA Member - Out of State - Regular Locker Room	\$2.00
Away YMCA Members - Health Center Locker Room (State and Out of State	
Active Military (must present card)	NO CHARGE
**Members may make arrangements with YMCA Membership Department Staff for guest fees and facility usage radius) who wish to visit our facility. Please make arrangements <b>prior</b> to guest visit.	for out of town family members (outside a 60 mile
DAILY GUEST FEES - Sheffield/Young	sville YMCA
Youth (Ages 12-17 Yville/Ages 10-17 Sheffield)	\$ 3.00
Adult (18 and older)	\$ 5.00

## **ADULT HEALTH & FITNESS**

Winter/Spring Sessions 2026: January 5 – February 8<sup>th</sup> February 9 – March 15<sup>th</sup> March 16 – April 19<sup>th</sup> April 29 – May 24<sup>th</sup>

## **WEEKLY GROUP FITNESS CLASSES**

Monday	Tuesday	Wednesday	Thursday	Friday
	5:15 - 6:15 am	5:15 - 6:15 am	5:15 - 6:15 am	5:15 - 6:15 am
	Les Mills Body Pump®	<b>HEAVY</b> - Les Mills	Les Mills Body Pump®	<b>HEAVY</b> - Les Mills
	Instructor: Erica	Body Pump®	Instructor: Erica	Body Pump®
		Instructor: Erica		Instructor: Erica
8:00 - 9:00 am OR		8:00 - 9:00 am OR		8:00 - 9:00 am OR
9:00 - 10:00 am OR		9:00 - 10:00 am OR		9:00 - 10:00 am OR
10:00 - 11:00 am		10:00 - 11:00 am		10:00 - 11:00 am
Stronger for Longer		Stronger for Longer		Stronger for Longer
Instructor: Chris		Instructor: Chris		Instructor: Chris
8:00 - 9:00 am	8:30 - 9:30 am	8:00 - 9:00 am	8:30 - 9:30 am	7:30 - 8:30 am
Cardio Pump	Power Hour	Cardio Pump	Power Hour	Strength on Demand
Instructor: Lisa	Circuit*Sheffield YMCA	Instructor: Lisa	Circuit*Sheffield YMCA	Video Stream Class
	Instructor: Wendy		Instructor: Wendy	Group Ex Studio
	9:00 - 10:00 am	8:30 - 9:15 am	9:00 - 10:00 am	8:30 - 9:15 am
	Video Yoga	Cardio Percussion	Video Yoga	Cardio Percussion
	Instructor: Video Stream	*Sheffield YMCA	Instructor: Video	*Sheffield YMCA
		Instructor: Jen G.	Stream	Instructor: JenG
9:00-10:00 am OR	10:30 - 11:30am	9:00-10:00 am OR	10:30 - 11:30am	9:00-10:00 am OR
10:15-11:15 am	Balance & Core	10:15-11:15 am	Balance & Core	10:15-11:15 am
	Instructor: K. Hughes		Instructor: K. Hughes	
Bouncing for Fitness		Bouncing for Fitness	3	Bouncing for Fitness
(55 and older)		(55 and older)		(55 and older)
Instructor: Sharon		Instructor: Sharon		Instructor: Sharon
	10:15 - 11:00 am		10:15 - 11:00 am	
	StrongHER		StrongHER	
	Instructor: <b>Jena</b>		Instructor: <b>Jena</b>	
	12:00 - 1:00 pm		12:00 – 1:00 pm	
	SilverSneakers		SilverSneakers	
	Fitness Program®		Fitness Program®	
	Instructor: Jena		Instructor: Jena	
	12:00 – 1:00 pm		12:00 – 1:00 pm	
	Exercising on GLP-1		Exercising on GLP-1	
	Medications		Medications	
	Instructor: Chris		Instructor: Chris	
1:00-2:00 pm	1:00-2:00 pm	1:00-2:00 pm	1:00-2:00 pm	1:00-2:00 pm
Firefly at the Y -	Firefly at the Y - Fitness	Firefly at the Y -	Firefly at the Y -	Firefly at the Y -
Fitness		Fitness	Fitness	Fitness
			(Swimming)	
	5:00 - 6:00pm		5:00 -6:00pm	
	Weight Room for Teens		Weight Room for Teens	
	Instructor: Alex		Instructor: Alex	Caturday
				Saturday
	5:30- 6:30 pm		5:30- 6:30 pm	7:05 - 7:50 am
	Body Bar Strength		Body Bar Strength	EXPRESS - Les Mills
	Instructor: Megan		Instructor: Megan	Body Pump®
				Instructor: Erica
	5:30 - 6:15 pm		5:30 - 6:15 pm	8:00 - 9:00 am
	REAXraft (Pool)		REAXraft (Pool)	Sunrise Yoga
	Instructor: Jill		Instructor: Jill	Instructor: Jill
	*Begins Mar/Apr Session		*Begins Mar/Apr	Hunter
	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		Session	
5:30 - 6:15 pm	6:30 - 7:15 pm	5:30 - 6:15 pm	6:30 - 7:15 pm	1:00 - 2:00pm
Strenath in Motion	Boot Camp	Strength in Motion	Boot Camp	Weight Room for
Instructor: Erica		Instructor: Erica		Teens
- 3	Instructor: Thad	23.0.202.0. 2.002	Instructor: Drew	Instructor: Alex

## **GROUP FITNESS CLASSES**

The Warren YMCA offers many types of Fitness classes. Exercising with friends is a healthy activity! All classes are coed, beginner to advanced levels, and are held in either the West Gymnasium or Group Exercise Studio unless otherwise noted. \*\*Group Fitness Calendar available to download at our website: <a href="https://www.warrenymca.org">www.warrenymca.org</a>.

## Fitness Class Descriptions and Costs: (in alphabetical order)

## **Balance & Core**

Does your balance need to improve? Do you need help getting on and off the floor? Learn to engage your internal core muscles surrounding your spine while improving your balance, strength and flexibility. Coach "K" has a Master's degree in Exercise Science from Long Island University. She has trained athletes in a variety of sports, general wellness, post rehab, strength and more! Max participants = 20

Instructor: K. Hughes, M.S., PES, CES

## **Body Pump - Les Mills Body Pump™**

This 60-minute strength training workout will challenge all of your major muscle groups by using the best muscle sculpting moves like squats, presses and curls. Great music, easy to follow cues and your choice of weight all combine to inspire you to achieve the results you are looking for – fast.

Co-ed, all levels welcome. Classes held in the Group Exercise Studio (Max participants = 12)

## **Instructor: Erica Steber**

Tuesday, Thursday	5:15 - 6:15 am	\$16.00 YMCA Members
		\$52.00 Non-Members
Saturday (EXPRESS BP)	7:05 - 7:50 am	\$14.00 YMCA Members
		\$48.00 Non-Members

## Body Pump - HEAVY \*\*New for 2026

Body Pump HEAVY is a tempo based weightlifting class using foundational lifts, slow speeds, and long recoveries. It is driven by iconic music, group energy and turns lifting into a fun and social experience that you won't want to miss! Co-ed, all levels welcome.

Classes held in the Group Exercise Studio (Max participants = 12)
Instructor: Erica Steber

Wednesday, Friday......5:15 - 6:15 am ......\$16.00 YMCA Members \$52.00 Non-Members

## Les Mills Body Pump® Punch Card

THIS PUNCH CARD MAY BE USED FOR BODY PUMP ONLY. IF SPACE PERMITS AT THE START OF CLASS, THE CARD CAN BE PRESENTED TO THE INSTRUCTOR. GOOD FOR 10 CLASSES> CARD EXPIRES 1 YEAR FROM DATE OF PURCHASE. \$16.00 YMCA Members / \$52.00 Non-Members

## **Body Bar Strength**

This 60-minute strength training workout will challenge all of your major muscle groups by using the resistance of a body bar/plates. Held in Group Ex. Max participants =12

## **Instructor: Megan Johnson**

Tuesday, Thursday	5:30 - 6:30 pm	\$16.00 YMCA Members
		\$52.00 Non-Members

## **Boot Camp**

Join Thad Turner, former Navy Seal and Y CEO, for a boot camp style workout. Class structure is based upon simple, yet effective fundamental movement patterns executed at high intensity. These workouts deliver measurable health and fitness improvements in the most efficient manner possible.

**Instructors: Thad (Tues), Drew Murphy (Thur)** 

Tuesday, Thursday......FREE

## **Bouncing for Fitness**

Join this fun group for a workout that includes cardiovascular conditioning, strengthening, flexibility and balance segments - all done while seated on a stability ball. (Ball stabilizer provided to keep ball stationary.) Your core will be strengthened by constantly engaging the abdominal muscles which will help improve posture, balance and stability! This co-ed class is designed for adults age 55 and over but all ages and fitness levels are welcome to attend. Look forward to lots of social interaction and great music! Balls and ball stabilizers are provided.

Held in Group Ex. Studio. Two (2) class times to choose from. (Both classes follow same format.) Max participants = 20 per class

**Instructor: Sharon Harris.** 

Mon, Wed, Fri......9:00 - 10:00 am **or** 10:15 - 11:15 am.....\$15.00 YMCA Members \$25.00 Non Members

## **Cardio Percussion at the Sheffield YMCA**

Cardio Percussion Fitness is a simple, fun way to impact adults and kids' lives both physically and mentally. It is a cardio-based drumming program that combines physical activity with brain fitness. Students are increasing their overall well-being, drumming away stress, getting fit and listening to some amazing music. Each 45-minute class will include different levels of movement and speed while learning drumming routine sets to a variety of great music. Each routine can be adapted to accommodate most physical needs and/or limitations. Max participants = 23/class.

**Instructor: Jennifer Goerlich** 

Wednesday, Friday......8:30 - 9:15 am.....\$15.00 YMCA Members \$50.00 Non-Members

## **Cardio Pump**

This class is designed for muscular and cardiovascular endurance and improved overall strength for everyday activities. There will be particular focus and integration of core strength, balance, and functional fitness. This class is suitable for all ages, as the instructor will show modifications and vary the ranges of sets and repetitions to meet participant goals and abilities. Safety and proper form are emphasized and demonstrated for all participants.

**Instructor: Lisa Roberts** 

Monday, Wednesday......8:00 - 9:00 am.....\$16.00 YMCA Members \$52.00 Non-Members

## **Exercising on GLP-1 Medications – Specialty Class**

## Specialized training with Chris Dolan, Wellness Director.

Exercise helps to boost metabolism, maintain muscle mass, and improve your quality of life. Learn how to begin an exercise program to support your weight loss goals in a healthy and sustainable way.

Max participants = 8

Tuesday, Thursday.......12:00 – 1:00 pm......\$25.00 YMCA Members \$65.00 Non-Members

## **StrongHER** \*\*New for 2026

This is an all-women's fitness class focused on building a stronger, more confident you in a supportive environment. We will be utilizing functional movements, bodyweight exercises, and weights to build muscle strength, increase mobility, and improve overall fitness. Geared toward all fitness levels - from beginners to experienced participants.

Held in Functional Fitness Room and/or Weight

**Instructor: Jena Swanson** 

## Power Hour Circuit - At the Sheffield YMCA

Power Hour Circuit is an hour-long class in which participants rotate to various stations to help build strength, provide good cardio, increase mobility and flexibility, strengthen the core, and improve balance through a 60-second power workout with 30-second rest intervals. This class is very versatile and can be modified to meet individual needs. Ages 16 and up.

Max participants: 12

**Instructor: Wendy Gauld** 

Tuesday, Thursday......8:30 - 9:30am.....\$15.00 YMCA Members \$50.00 Non-Members

## <u>REAXraft Aqua Fitness Classes – Begins with the March/April session.</u>

REAX rafting in the pool combines popular land formats like HIIT, Yoga and Functional Fitness moves with the instability of the water to provide an efficient and FUN workout! Class size is limited to 8 participants/rafts.

**Instructor: Jill Hunter** 

Tuesday, Thursday ......\$15.00 YMCA Members \$30.00 Non Members

## SilverSneakers® Classic Fitness & Stretch

The SilverSneakers fitness/stretch classes are low-impact and are appropriate for individuals who may not have exercised in years or for those who exercise on a regular basis. The goal of the class is to encourage illness prevention, minimize aging-related physical deterioration, and increase a sense of well-being through social interaction in a group exercise setting. Class includes balance & stretch for the final 20 minutes.

Held outdoors or in the West Gymnasium. MAX participants = 40.

**Instructor: Jena Swanson** 

Tuesday, Thursday......Free - YMCA Members \$10.00 Non-Members

## Strength on Demand - Video Streaming Class

This 60-minutevideo strength training workout will challenge all of your major muscle groups by using the resistance of a body bar/plates. Held in Group Ex. Max participants =12

## **Video Stream**

Friday	7:30 - 8:30am	\$8.00 YMCA Members
		\$16.00 Non-Members
Drop-In Fee (If space allo	ws at start of class)	\$3.00 YMCA Members
	-	\$6.00 Non Members

## **Strength in Motion**

This 45-minute low-impact class is designed to improve flexibility, strength, balance, and mindfulness. Flowing movements, breathing techniques, and focus exercises to create a mind-body experience. Set to motivating, yet calming music. Geared toward all fitness levels - from beginners to advanced. Held in Group Ex. Max participants =12

Instructor: Erica Steber

Monday, Wednesday......5:30 - 6:15 pm ......\$15.00 YMCA Members \$50.00 Non-Members

## Stronger for Longer - Specialty Training

### Specialized Training with Chris Dolan, Wellness Director.

Strength training is highly beneficial for older adults, improving muscle strength, bone density, and overall mobility, while also reducing the risk of falls. Class will use bodyweight and light weights and will gradually increase intensity and resistance. Participants are encouraged to sign up for 1 or 2 sessions after which they will be ready to continue with a knowledge and understanding of the benefits of strength training. Class is held in the Weight Room, Functional Fitness Room, and/or Group Exercise Studio. Three class times to choose from.

Max participants = 8

Monday, Wednesday, Friday.......8:00 - 9:00 am

OR 9:00 - 10:00 am

OR 10:00 - 11:00 am.....\$25.00 YMCA Members

\$65.00 Non Members

## Saturday Sunrise Yoga

Wake up your day with Sunrise Yoga. This class will gently stretch and wake up the body, energizing you for the day ahead! Participants are encouraged to go at their own pace and modify as needed. NOTE: For drop-in classes, participants may sign-up the Friday prior or the day of scheduled class.

Max participants = 12. (Held in Group Ex. Studio)

**Instructor: Jill Hunter** 

Saturday..(5-week session))......8:00 - 9:00 am.......\$12.00 YMCA Members \$25.00 Non Members

Drop-in Fee.....\$5.00 YMCA Members/\$10.00 Non Members

## **Weight Lifting for Teens (Ages 12-15)**

Weight lifting class for teens ages 12-15, with limited or no experience with resistance training. Emphasis placed on safety, etiquette, and proper lifting technique. Discussions include progressive overload, benefits of different rep ranges, and maximizing results. Members and non-members welcome to register! **Instructor: Alex Shaw, Certified Personal Trainer** 

Tuesday, Thursday	5:00 - 6:00 pm	\$20.00 YMCA Members
		\$40.00 Non Members
Saturday	1:00 – 2:00 pm	\$10.00 YMCA Members
		\$20.00 Non Members

## **FITNESS CHALLENGES**

## 31 Day Indoor Triathlon

Sign up to challenge your fitness level, lose weight and get in shape! Use the Precor Fitness Room treadmills and bikes, the indoor walking track, group cycling classes and the swimming pool to complete an indoor triathlon during the month of January. Outdoor running/walking mileage may also counted. Competition will start Wednesday, January 1, 2025 and end January 31st. Choose a level to challenge your current fitness level (if level is completed early, participants may move up to the next challenge level at no extra cost.). T-shirts will be awarded to all finishers.

Mini-Tri Beginner	1 mile swim (32 laps)	25 mile bike	12 mile run/walk
Mid-Tri Intermediate	3 mile swim (96 laps)	50 mile bike	26 mile run/walk
Mega-Tri Intermediate II	5 mile swim (160 laps)	100 mile bike	50 mile run/walk
Massive-Tri Advanced	7 mile swim (224 laps)	150 mile bike	75 mile run/walk
Monster-Tri Advanced	10 mile swim (320 laps)	200 mile bike	100 mile run/walk

January  $1^{st}$  – January  $31^{st}$ .....\$10.00 YMCA Members only

## The Dam Challenge

The Kinzua Reservoir is approximately 100 miles around its shoreline. The challenge is to complete the distance (100 miles) by converting workout time to mileage. Thirty minutes of a fitness activity is equal to 1 mile. Participants may run, walk, swim, bike, strength train, etc. Fitness/aquatic classes also count. Record your activity and time at the Front Info Center and we'll convert and keep track of your mileage. Challenge runs Feb 1st thru March 31st. (Eight weeks/50 hours) T-SHIRTS or Sweatshirts awarded to all finishers.

February 1<sup>st</sup> - March 31<sup>st</sup> ......\$25.00 YMCA Members / \$40.00 Non-members

## WINTER CO-ED VOLLEYBALL LEAGUE

The league is designed for players of various skill levels and permits the formation of teams for fun and competition. Teams will play 6 vs. 6, with a maximum of 12 players on the roster. Two females must be on the court at all times during play. This recreational league may include hard spikes and competitive play.

Anyone willing to referee should contact Chris Dolan at <a href="mailto:chris@warrenymca.org">chris@warrenymca.org</a>.

Registration: December 3, 2025 through January 2, 2026.

**League Play:** Begins Monday, January 12, 2026 through early April.

TEAMS MUST REGISTER AND PAY ENTIRE TEAM FEE AT THE YMCA FRONT DESK BEFORE REGISTRATION DEADLINE.

Monday.....\$10.00 YMCA Members \$50.00 Non Members

## **ROAD & ADVENTURE RACES2026**



## 20TH ANNUAL KINZUA COUNTRY TANGO 2026-SATURDAY, AUGUST 1, 2026

**BE THE ADVENTURE!** Celebrating 20 years of Tango on Saturday, August 1<sup>st</sup> 2026. As in prior years, this adventure race will start at 7:00 am with the 1st leg of the event - the 13.1 mile run. Participants will leave from the YMCA in Warren, Pennsylvania and run along the scenic Allegheny River toward Kinzua Beach within the Allegheny National Forest. Other segments of the race will include technical mountain biking on Jake's Rocks trail system, an open water swim, orienteering course, short road or trail run and final canoe race on the Alleghany Reservoir with the finish at the Point Park, Warren, Pa.

See the website http://kinzuacountrytango.com for segment details and complete costs.

\*Pre-race: The pre-race events will be held Friday, July 31<sup>st</sup> at the Warren YMCA. The pre-race team check-inwill begin at 6:00 pm and the informational meeting at 7:00 pm.

\*\*Post Race: Festivities and awards ceremony will be held at Point Park.

Call Thad at 726-0110, ext. 1110 or visit the website at <a href="http://kinzuacountrytango.com">http://kinzuacountrytango.com</a> for details. Registration forms available at <a href="http://kinzuacountrytango.com">http://kinzuacountrytango.com</a>.

## CHAMPION PROGRAMS

We all know or have someone in our life that has championed through many obstacles in their life. The following programs have been designed to meet the needs of our community members who are looking for support for family and friends in need of programs to support limitations in mobility, intellectually limited abilities, as well as social and emotional development.

## FIREFLY AT THE Y - Warren & Sheffield Facilities

Firefly at the Y is a grant awarded program from the Edith L Trees Trust for adults with intellectual disabilities. Firefly has a goal of getting our participants to have healthy lifestyles and social interactions with the community. Staff are trained and have experience in working with individuals with intellectual and developmental disabilities. Firefly classes range from indoor and outdoor activities according to requests for activities by the group. There is no cost to attend. Please register at the Y Front Desk for a 5 week session.

Email Tara Ristau at warrenYchampion@outlook.com with any questions for the Warren Y. **Email** Jennifer Goerlich at jeng@warrenymca.org with any questions for the Sheffield Y.

#### Fitness at the Warren Facility

Days: Monday thru Friday (Thursday is swimming in the Y Pool.)

Time: 1:00-2:00 pm

#### Fitness at the Sheffield Facility

Days: Monday thru Thursday (Thursday is art day.)

Time: 1:30-2:30 pm

## Winter 2026 Session Dates:

Jan. 5th - Feb. 8th (Register Dec. 3rd) Feb. 9th - Mar. 15th (Register Jan. 28th) Mar. 16th - Apr. 19th (Register Mar. 4th)

Apr. 20<sup>th</sup> - May 24<sup>th</sup> (Register Apr. 8<sup>th</sup>)

## FIREFLY ART CLASS - TAWC Art Studio

The Y Champion Arts Program is for adults with intellectual and developmental disabilities. This program gives them the opportunity to explore and expand their unique and creative talents, promoting a sense of accomplishment and empowerment through the arts. Art classes are held at the TAWC, 42 Clark Street, Warren, Pa. Limit of 8 participants per class. Please register at the Y Front Desk for each 5 week session.

## Art at the Y Art Studio at the TAWC

**Day: Tuesdays** 

Time: 9:30-10:30 am OR 10:45-11:45 am

## **Champion Swim (Private Swim Sessions for Champion Swimmers Ages 3-17)**

Champion Swim lesson instructors are specially trained in Swim Angelfish methodology to help swimmers overcome roadblocks commonly seen in children with sensory processing disorders and other disabilities. Most swim lessons start as one-on-one so each child has individual attention. As the swimmer progresses, swimmers may be paired up with another swimmer for a semi-private lesson. Group size will always remain small to ensure safety. ADA locker room is available.

Schedule your child's half-hour private swim lesson with Swim Angelfish Instructor - Caroline Check by texting her at 1-802-345-9394 or email <a href="mailto:champion@warrenymca.org">champion@warrenymca.org</a>.

Saturday...........9:30 am-12:00 pm.......FREE Members/Non-members Daily......Morning/Afternoon weekday lessons also available. Please email Caroline for details.

## **KIDZfit - Youth Exercise Class**

KIDZfit is for youth ages 5-12 years. Classes will be held indoors and outdoors and activities will include a variety of activities such as basketball, soccer, baseball, obstacle courses, aerobics/light strength work, etc. Be sure to join us for this fun all-inclusive environment! Max enrollment = 10. Instructors: Jen Hale & Shelley Lewis Tuesday/Thursday......5:30-6:15 pm.....\$15.00 YMCA Members / \$30.00 Non-Members

## **KIDZfit - Winter Outdoor Fun**

KIDZfit Outdoor Fun is for youth ages 5-12 years. Classes will be held outdoors and activities will include crosscountry skiing (equipment provided), snow play, sled riding, etc. Be sure to dress for the weather. Be sure to join us for this, fun all-inclusive environment! Max enrollment = 6 (due to limited cross-country skis)

## **Instructors: Jen Hale/Shelley Lewis**

Saturdays......1:00-1:30 pm.....\$10.00 YMCA Members / \$20.00 Non-Members

## **KIDZFIT - Horseback Riding**

KIDZfit Horseback Riding for youth ages 5-14 years. Introduce your child to horses in an inclusive environment. Kids will be divided into groups and rotate through stations that include; grooming, driving wagons, and riding! Learn to care for and lead the horses. **Held April thru August with our 5-week programming**. \*Waiver must be signed at registration.

\*\*LOCATION: Sky Walker Stables, 315 S. Main St. Ext., Jamestown, NY. Parents must bring child to stables. (Parents are welcome to stay and participate.) All participants **MUST** have closed shoes/boots. Max enrollment = 10. Instructors: Shelley Lewis & Jen Hale Register during our 5-week sign-up period.

Wednesdays

April/May & July/Aug (5-week sessions)....5:30-6:30 pm...\$25.00 YMCA Members / \$45.00 Non-Members

## **AQUATICS**

## For pool policies and details about the Y's Progressive Swim Program, please refer to our website at www.warrenymca.org

## **SWIM LESSONS FOR CHILDREN& ADULTS**

- \*Must have signed swim waiver on file prior to registration.
- \*Must be age appropriate at start of swim lesson. No exceptions.
- \*Refer to Warren YMCA website for swim level requirements or pick-up handbook at the Front Welcome Desk.
- \*Cost is for a 5-week session of lessons.
- \* Registration will close after 1<sup>st</sup> week of the 5-week session.

## **Swim Starters**(Parent/Guardian Participation Required)

(Ages 6-35 mo's)Level A/B: Water Discovery/Exploration

Monday/Wednesday	10:00-10:30 am	\$17.00 YMCA Members	/ \$36.00 Non Members
Saturday	9:30-10:00 am	\$14.00 YMCA Members	/ \$28.00 Non-Members

## **Swim Basics** – Stages 1-3

(Age 3-kindergarten) or (1st Grade & up)

## \*PRESCHOOL (Age 3-Kindergarten in Fall) (Must be completely potty-trained.)

Monday/Wednesday	10:30-11:00am	\$17.00 YMCA Meml	bers / \$48.00 Non
MembersMonday/Wedne	esday4:30-5:00	pm\$17.00 YM	ICA Members / \$48.00 Non
Members			

Tuesday/Thursday	4:30-5:00pm	\$17.00	YMCA Members	/ \$48.00 Nor	1 Members
Friday	5:30-6:00 pm	\$14.00	YMCA Members	/ \$42.00 Non	Members
Saturday	8:30-9:00 am	\$14.00	YMCA Members	/ \$42.00 Nor	Members

## \*SCHOOL AGE (1ST Grade & Up)

Monday/Wednesday	4:00-4:30pm	\$17.00 \	YMCA Members	/ \$48.00 Non Members
Tuesday/Thursday	4:00-4:30pm	\$17.00	YMCA Members ,	/ \$48.00 Non Members
Friday	5:00-5:30 pm	.\$14.00 Y	YMCA Members /	/ \$42.00 Non Members
Saturday	9:00-9:30 am	\$14.00 \	YMCA Members	/ \$42.00 Non Members

## **Swim Strokes** – Stages 4-6

(1st Grade & up)

Monday/Wednesday	4:30-5:15pm	\$20.00 \	YMCA Members ,	/ \$54.00 Non Members
Saturday	8:30-9:15am	\$16.00 \	MCA Members	/ \$48.00 Non Members

## **Adult/Teen Swim Instruction**

Our Adult/Teen Swim Lessons can teach you to swim, improve your stroke technique for competition or fitness, or teach you to perform basic water safety skills.

Mon/Wed/Fri	8:00 - 9:00am	\$25.00 YMCA	Members /	/ \$50.00 Non	Members
Tues/Thurs	.8:00-9:00am	\$20.00 YMCA	Members /	/ \$40.00 Non	Members

## **SWIM LESSONS FOR CHILDREN & ADULTS cont'd.**

## **Home School Swim Instruction**

Progressive swim lessons for the home-school or cyber school student. Lessons are once per week and are offered in 5-week sessions. Participants must have a signed swim waiver on file to register. Max participants = 8.

Monday ......10:00 - 10:45 am......\$16.00 YMCA Members / \$48.00 Non Members

## **Boy Scouts Merit Badge Swim Instruction**

Swim lessons designed for 10-15 year old Boy Scouts who are working on their skills to achieve their Swimming Merit Badge. \*\*Must have a signed swim waiver on file prior to registering. Instructor: Perry O'Neill

\*\*NOTE: Dates offered are for the April/May2026 session.

Saturday......9:00 - 9:45 am......\$20.00 YMCA Members /\$40.00 Non-Members

## **Champion Swim (Private Swim Sessions for Champion Swimmers)**

Champion Swim lesson instructors are specially trained in Swim Angelfish methodology to help swimmers overcome roadblocks commonly seen in children with sensory processing disorders and other disabilities. Most swim lessons start as one-on-one so each child has individual attention. As the swimmer progresses, swimmers may be paired up with another swimmer for a semi-private lesson. Group size will always remain small to ensure safety. Open to ages 3 through 17 years.

Schedule your child's half-hour private swim lesson with Swim Angelfish Instructor - Caroline Check by texting her at 1-802-345-9394 or email <a href="mailto:champion@warrenymca.org">champion@warrenymca.org</a>.

ADA locker room is available.

Saturday......FREE Members/Non-members

Weekdays......Morning/Afternoon weekday lessons also available. Please email Caroline for details.

#### **Private Swim Lessons**

Looking for one-on-one swim instructions with our trained swim instructors? Private lessons are available for children and adults. Purchase a punch card for one (1) half-hour lesson, a block of 5, or 10 half-hour lessons at a time. Once purchased, the participant is responsible for presenting the punch card to the instructor at each lesson. The YMCA is not responsible for lost cards. No refunds once purchased. Lessons must be set up in advance through Dani Mumford, Aquatics Director. Please email <a href="mailto:dani@warrenymca.org">dani@warrenymca.org</a> to schedule.

½ hour session.......\$10.00 YMCA Members / \$20.00 Non Members (per participant) Block of  $5_{(1/2 \text{ hour lessons})} = $50.00 \text{ YMCA Members} / $100.00 \text{ Non-Members}$  Block of 10  $_{(1/2 \text{ hour lessons})} = $100.00 \text{ YMCA Members} / $200.00 \text{ Non-Members}$ 

## Rainbow Swim (SNAP - Special Needs Aquatic Program)

This swim is set aside for anyone with a physical or mental handicap. Rainbow Swim will be held on Friday evenings from 6:00 – 7:00 pm. This swim class works on improving motor and social skills. The swim time is split between lessons and fun swim. There is **NO fee** for this program which is sponsored by the YMCA and the Don Mills Achievement Center. Sue Nielsen is the coordinator. Volunteers are always needed to help. For more information on this program or to volunteer, contact the Don Mills Achievement Center at 723-5730.

Fridays (through May, 2026).......6:00-7:00pm.....FREE (**NO** December classes)

## **WATER FITNESS CLASSES**

## **Swimnastics**

An exercise class with a music background performed at the shallow end of the pool. This class consists of aerobic movements and muscle toning. Some equipment is used such as hand weights, noodles, kick boards and hand paddles, etc. Max participants per class = 25 Instructors: M/W/F = Kathy Bimber; T/TH (AM) = Pam Nasman; T/TH (PM) = Barb McCullough

Monday, Wednesday, Friday (AM)......9:00 - 10:00 am.....\$15.00 YMCA Members \$45.00 Non Members

Tuesday, Thursday (AM)......9:00 – 10:00 am.....\$12.00 YMCA Members \$40.00 Non Members

Tuesday, Thursday (PM)...(Offered Mar/Apr & Apr/May)...7:30 - 8:30 pm......\$12.00 YMCA Members \$40.00 Non Members

## **Wave Runners**

A fitness class that is performed entirely at the deep end of the pool. All participants wear water belts. There is no pounding of your joints. Exercises consist of jogging, cross-country skiing, arm movements and various other exercises for a total body workout. Max participants = 20 Instructor: Pam Nasman

Monday, Wednesday, Friday.......9:00 - 10:00 am.....\$15.00 YMCA Members \$45.00 Non Members

## **Arthritis Aquatic Program**

This class is for those suffering from arthritis, muscle ailments or back problems. A certified instructor takes the class through a series of slow, gentle exercises in the water with a concentration on a range of motion exercises. Participants do not need to know how to swim, as all exercises are performed at the shallow end of the pool. The hydraulic chair lift and the portable steps are available for those who need help in or out of the pool. Max participants = 25 Instructor: Kathy Bimber

Monday, Wednesday......1:00 - 1:45 pm.....\$11.00 YMCA Members \$30.00 Non Members

## **REAXraft Aqua Fitness Classes**

REAX rafting in the pool combines popular land formats like HIIT, Yoga and Functional Fitness moves with the instability of the water to provide an efficient and FUN workout! Class size is limited to 8 participants/rafts. Instructor: Jill Hunter

\*Offered March/April & Apr/May session.

Tuesday, Thursday......\$15.00 YMCA Members \$30.00 Non Members

\$5.00 / \$8.00 Drop in Fee

## **AQUATIC SPECIALITY PROGRAMS**

## **Introduction to Competitive Diving - Saturdays**

Introduction to Competitive Diving is a 5-week course designed to familiarize new divers with the 5 basic positions for 1 meter springboard diving. Participants will learn how to safely execute all the same dives they see in High School, College, and Olympic athletes perform during competitions. It is recommended to have a background in aerial sports (gymnastics, cheer, etc.), but is not required. This course will involve both dry land exercises and pool work. Participants will be divided by grade levels 5-8 and 9-12.

Students MUST have attained Stage 4 level of Progressive Swim lessons. A minimum of 4 divers are needed to run this program. Max enrollment=8.

Brandon Gregg, WAHS Diving Coach, will lead this program. Swim waiver required.

Course held during 5-week session:

March/Apr and Apr/May

**Pre-Registration Required:** Register during session sign-up dates.

**Days:** Saturdays

**Grades 5<sup>th</sup>-12<sup>th</sup>......**9:00 – 10:00 am......\$20.00 YMCA Members/\$40.00 Non-Members

## **Try Scuba With Thad**

Have you always wondered what it's like to breathe underwater? If you would like to try scuba diving, but aren't quite ready to take the plunge into a certification course, then TrY SCUBA if for you! While not a scuba certification course, TrY SCUBA is a quick and easy introduction to what it takes to explore the underwater world. To sign up for a TrY SCUBA experience, you must be at least 10 years old. No prior experience with scuba diving is necessary, but you need to be in reasonable physical health. Are you ready to TrY?? Pool attire and signed swim waiver is required. Class max = 8

**Instructor: Thad Turner** 

Date: TBA'd......6:00 - 8:00 pm.....\$20.00 YMCA Members / \$30.00 Non-Members

#### **SCUBA**

Interested in becoming SCUBA certified? Please contact Dani Mumford, Aquatics Coordinator to be placed on a contact list. If we have enough interest, a certification class will be scheduled. Call 814-726-0110, ext. 1116 or email <a href="mailto:dani@warrenymca.org">dani@warrenymca.org</a>.

## Mermaid 101 / Mermaid Birthday Parties

A once in a lifetime opportunity to experience being a Mermaid! Class fee includes rental of a mermaid tail, mono-fin, and a photo shoot in and above water. Participants will safely be taught how to use a mermaid tail, dive for treasure, blow bubble kisses, dives and rolls. Must have basic swim skills such as float on front and back, roll from front to back, swim 25 meters unassisted and tread water for 60 seconds. Instructor: Jill Hunter

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## **AQUATIC SPECIALITY PROGRAMS contd.**

## **YMCA Lifequard Course**

\*\*\*Easy, convenient 2-day course for 2026... Obtain your YMCA Lifeguard Certification in two days!

The YMCA Lifeguard Certification Course will be held on Saturday & Sunday, April 25<sup>th</sup> & 26<sup>th</sup>. **A water pre-test is required.** This will be held on Monday, April 13<sup>th</sup> from 6:00-7:00 pm.

Participants **must** be able to do the following swimming skills in order to pass the water pre-test: front crawl stroke, breast stroke, side stroke, elementary back stroke, front dive, surface dive to bottom of 12 foot and retrieve an object, treading water and underwater swimming.

The course consists of ASHI Basic Life Support, ASHI Emergency Oxygen Administration, ASHI First Aid, YMCA Lifeguard e-lessons, and the YMCA Lifeguard Course. After successful completion of all these, the participant is eligible for a lifeguard position anywhere in the United States. This course is for those age 15 and older.

Financial assistance and/or payment plan is available. Please contact Dani Mumford, Aquatics Director to discuss. Email dani@warrenymca.org

Date: Sat., April 25<sup>th</sup>/Sun., April 26<sup>th</sup>...8:00 am – 4:00 pm..\$180.00 YMCA Members / \$210.00 Non-Members (Water pre-test on Monday, April 13th from 6:00-7:00 pm)

\*\*Please email Dani Mumford, Aquatics Director if you wish to be placed on a contact list at <a href="mailto:dani@warrenymca.org">dani@warrenymca.org</a>.

## YMCA JR. LIFEGUARD COURSE - AGES 12-15

Participants ages 12-15 will learn how to be a lifeguard, and earn their CPR, First Aid, and Oxygen certifications. They will gain experience shadowing as an honorary Junior Lifeguard. Classes are held Monday and Wednesday evenings from 5:00-7:00 pm and include both classroom and pool time. Must be able to attend all classes. (Participants who complete this course are eligible to receive a 20% discount off the cost of the Warren YMCA Lifeguard Course.)

Date: March/April 5-week session

**Days:** Monday/Wednesday **Time:** 5:00-7:00 pm

Fee: \$75.00 YMCA Members / \$100.00 Non-Members

#### Synchronized Swimming - April/May

Synchronized Swimming is a beginner course that will teach skills and routines in synchronized swimming. The class is open to all ages; but participants must be able to swim, tread water, and be comfortable under water. The SS class will improve strength, flexibility and breath control - all while having fun and listening to music.

\*\*Open to all ages but must be a Level 4 Progressive Swimmer and be able to swim, tread water and be comfortable underwater. **Instructor: Jill Bunce** 

**Date:** April/May 5-week session **Days:** Monday/Wednesday **Time:** 5:30-6:30 pm

Fee: \$20.00 YMCA Members / \$40.00 Non-Members (Cost is for 5-weeks.)

## **GYMNASTICS**

## **Progressive Gymnastics (K thru age 15)**

In this class, the student focuses on the fundamentals of gymnastics. Students in this program are developing a solid understanding of skills and learning basic movements. Skills to be developed include cartwheels and handstands on floor, pullovers, casts on bars, squat-ons, proper springboard entry on vault, and beginning beam skills involving balance and movement. All participants **must** be enrolled in kindergarten up to 15 years old to participate in this class. Groups are separated by age and skill level.

## \*This is an Early Registration class once participant is enrolled.

Tuesday, Thursday	3:45 - 4:45 pm	\$30.00 YMCA Members
		\$60.00 Non-Members

## **Tiny Tumblers (Ages 3-5)**

Children ages 3 to 5 will learn basic tumbling skills with an emphasis on balance and coordination. Participants should wear gymnastics leotards or t-shirt tucked into shorts/leggings. Longer hair should be pulled back into a ponytail. MUST be completely potty-trained. Max participants = 13/class. Please choose only 1 class time.

\*This is an Early Registration class once participant is enrolled.

Tuesday, Thursday......\$28.00 YMCA Members \$56.00 Non-Members

**NOTE:** Any girls interested in joining the competitive gymnastics team must first go through a tryout. The girls will be working on different levels, conditioning and preparing to compete in league meets. Contact Chris Dolan at 814-726-0110 for additional details.



## **CHILD/YOUTH/TEEN DEVELOPMENT**

**VOLUNTEERS NEEDED:** The YMCA depends on committed volunteers to run our successful youth sport programs.

Volunteer coaches and referees are always needed and no experience in coaching is necessary. All volunteers must obtain required clearances and provide copies of clearances to the YMCA before the 1<sup>st</sup> practice. Information and assistance with obtaining clearances is always available through the YMCA and there is no cost to volunteers. Thank you!



## YMCA Boys Basketball League 1st - 6th Grade

This YMCA boys' basketball league is a league where emphasis is placed on fundamentals, basic skills and simply having an enjoyable time. Players will either learn the basic skills they need or add to already existing skills by using age/skill level appropriate drills and techniques.

Season:

Grades: 1st - 6th

**Practices:** Begin week of January 26<sup>th</sup>. Practices are held weekday evenings at the coaches' discretion. Practices will not exceed 2 per week prior to the first game and will not exceed one practice per week after games begin.

**Games:** Played on Sundays during February throughout mid-March

Registration: Begins December 1, 2025 and will end on Friday, January 9, 2026. Register online from

our YMCA Home Page or at the Y Front Welcome Desk.

**Cost:** \$40.00 YMCA Members

\$55.00 Non Members

Late Fee: \$10.00 added to cost January 10<sup>th</sup> thru January 16, 2026

Coaches Meeting: Tuesday, January 20, 2026 @ 6:00 pm

## 2026 Spring Indoor Mini Soccer - Boys& Girls Ages 3 - 8

The Spring Mini soccer League at the Warren County YMCA combines team play and individual skills in a fun and supportive environment. The goal of the program is for player's age 3-8 to learn the basic skills and strategies of soccer such as dribbling, passing, shooting, goal keeping and formations. All games and practices will be held inside at the YMCA. This will be a league similar to the Fall soccer program, but the number of players on a team will be modified and the playing field will be set up indoors in the YMCA gymnasium.

Volunteer coaches are needed. If you are good with kids, you'll make a great coach!

**Ages:** 3-8 years (Must be 3 years old before March 24, 2026)

**Practices:** Begin the week of March 23<sup>RD</sup>. Practices are held weekday evenings at the coaches' discretion.

Games: Played on Saturdays beginning April 11th through May 9th

Registration: Begins Sunday, February 1, 2026 and will end on Saturday, March 7, 2026.

(Late fee will be added for March 8<sup>th</sup>-15<sup>th</sup> registrations.)

**Equipment:** Shin guards and soft-soled sneakers are required.

Cost: \$30.00 YMCA Members

\$40.00 Non-Members

**Late Fee:** \$10.00 added to cost March 8<sup>th</sup> - 15, 2026 **Page 20** 

## CHILD/YOUTH/TEEN DEVELOPMENT cont'd.

## 2026 Fall Soccer League - Boys & Girls Ages 3 - 14

Any child that is aged 3 through 14 as of August 31st is eligible to play. Practices are weekday evenings beginning around the 2<sup>nd</sup>week of August and will not exceed two practices per week up to the first game. After the first game, teams will reduce the practices to one day per week. Games and practices are held at the Warren State Hospital grounds, weekdays and Saturdays during August through mid-October.

## **Ages Divisions:**

**U-4** (3 year olds), **U-6** (4 & 5 year olds) & **U-8** (6 & 7 year olds) will be boys/girls combined; **U-10** (8 & 9 year olds); **U-12** (10 & 11 year olds); **U-15** (12, 13, and 14 year olds). Depending on number of sign-ups, U-10, U-12 & U-15 divisions may combine genders.

Registration: (Online & In-house. Must register in-house to get below discounts.)

Begins Saturday, April 25, 2026 through June 30, 2026.

Sign up Saturday, April 25th and receive \$5.00 off 1st child!

Sibling Discount = \$5.00 per sibling after 1st child registers (not offered Sat. April 25th)

Equipment: Shin guards are required. Soccer cleats are recommended. Black shorts are required for the U15

age group.

Cost: \$30.00 members / \$40.00 non-members

\$10.00 added to cost July 1st - July 13, 2026. Late Fee:

A \$50.00 fee added after July 13<sup>th</sup> due to jersey fulfillment.

YMCA Fall Soccer League Sponsored by: CALVERT PEARSON Eric Insurance





## 2026 YMCA Flag Football League

Warren YMCA is proud to have been awarded an NFL Flag Football license. The YMCA's non-contact Flag Football League is a program where emphasis is placed on the fundamentals of football, teamwork, and having fun. Players in this league will be divided by grade levels 3rd/4th and 5th/6th. Teams will include 5-10 players and will be co-ed. League will run August thru October.

Practices: Mondays & Wednesdays. Begins week of July 27, 2026. (Practices will NOT be held after games begin.)

Games: August thru October **Grades:** 3rd/4th and 5th/6<sup>th</sup>

Cost: \$50.00 YMCA Members / \$65.00 Non-members

**Equipment:** 

Mouth guards are required. Cleats are recommended, but optional. Players will receive an NFL branded jersey and a flag

Location: Warren State Hospital. (Field past the Warren-Forest Higher Ed building on Hospital Drive.)

**Registration:** Begins Saturday, April 25, 2026 through June 30, 2026.

Coaches Meeting: TBA'd

Contact: Dylan Johnson, YMCA Youth Flag Football League Coordinator

## CHILD/YOUTH/TEEN DEVELOPMENT cont'd.

## Jr. Golf

Our Junior Golf Program is aimed at building knowledge, skills and a love for the game of golf. Participants will be divided into 3 ages groups: ages 5-7, 8-10, 11-17. Younger golfers will meet for 30 minutes and ages 11+ for 45 minutes. Class will meet 1x per week and will be held in the gymnasium. All equipment will be provided. Registration runs with our 5-week session format. **Instructor: Andrew Papalia, Youth Sports Coordinator.** 

Day: Mondays Age/Time:

5-7 years: 4:00-4:30 pm 8-10 years: 4:30-5:00 pm 11 & up: 5:00-5:45 pm

Cost:

Ages 5-10 years: \$15.00 Members/\$30.00 Non-members Ages 11 & up: \$20.00 Members / \$40.00 Non-members

Registration: Please register with our 5-week session registration dates

**Contact:** Email andrew@warrenymca.org with any questions.

#### **KIDZfit - YOUTH**

KIDZfit is designed for all youth ages 5-12 years. Kids will enjoy 45 minutes of exercise activities such as aerobics, light strength work, yoga and lots of fun in an all-inclusive environment! Meets 2x per week on Tuesday and Thursday. Max enrollment = 10.

Instructors: Jen Hale / Shelley Lewis

Tuesday/Thursday.....5:30-6:15 pm......\$15.00 YMCA Members / \$30.00 Non Members

## **KIDZfit- Outdoor Fun**

KIDZfit is designed for all youth ages 5-12 years. Classes will be held outdoors and activities will include cross-country skiing (equipment provided), snow play, sled riding, etc. Be sure to dress for the weather. Be sure to join us for this, fun all-inclusive environment! Class will meet on Saturdays. Max enrollment = 6.

**Instructors: Jen Hale & Shelley Lewis** 

Saturday......1:00-1:45 pm......\$10.00 YMCA Members / \$20.00 Non Members

## **KIDZFIT - Horseback Riding**

KIDZfit Horseback Riding for youth ages 5-14 years. Introduce your child to horses in an inclusive environment. Kids will be divided into groups and rotate through stations that include; grooming, driving wagons, and riding! Learn to care for and lead the horses. **Held April thru August with our 5-week programming**. \*Waiver must be signed at registration.

\*\*LOCATION: Sky Walker Stables, 315 S. Main St. Ext., Jamestown, NY. Parents must bring child to stables. (Parents are welcome to stay and participate.) All participants **MUST** have closed shoes/boots. Max enrollment = 10. Instructors: Shelley Lewis & Jen Hale Register during our 5-week sign-up period.

#### Wednesdays:

April/May & July/Aug (5-week sessions)....5:30-6:30 pm...\$25.00 YMCA Members / \$45.00 Non-Members

May 27<sup>th</sup> – July 8<sup>th</sup>......5:30-6:30 pm......\$35.00 YMCA Members / \$60.00 Non-Members

\*\*NOTE: This is a 7-week session. Cost has been adjusted for additional two weeks.

## **CHILD/YOUTH/TEEN DEVELOPMENTcont'd**

## **Bouncing Frenzy - Exercise & Fun for Kids**

Children ages 2-10 can exercise and have fun in the Bounce House on Mondaysbetween the hours of 10:30 am – 12:30 pm. Located in the East Gymnasium. Non-member children can purchase a bouncing pass for \$5.00/per visit. YMCA Member children are FREE. This is not a staff supervised program; therefore parent/guardian must directly supervise child. Waiver is required. Stop at Front Desk to sign.

Monday......10:30 am - 12:30 pm.....\$FREE YMCA Members / \$5.00 Non Members

## **Child & Babysitting Certification Course**

This course is an ASHI (American Safety & Health Institute) certified course. The course focus is on supervising, caring for, and keeping children and infants safe in babysitting settings. The program provides fundamental information in the business of babysitting, proper supervision, basic caregiving skills, and responding properly to ill or injured children or infants. Registration is open to youths aged 12-15. Held in Program Room #4 at the Y. Must pre-register and pay by May 6, 2026

Saturday, May 9, 2026......8:00 am – 12:30 pm.....\$50.00 per participant

## Weight Lifting for Teens (Ages 12+)

A specialty weightlifting class for teens ages 12-18, with limited or no experience with resistance training. This strength and conditioning program is designed to increase performance in any sport and promote general well-being utilizing a combination of Power lifting and Circuit. Emphasis placed on safety, etiquette, and proper lifting techniques. Discussions include progressive overload, benefits of different rep ranges, and maximizing results. Members and non-members are welcome to register!

**Instructor: Alex Shaw, Certified Personal Trainer** 

## Days/Time/Cost:

Tuesday, Thursday	5:00 - 6:00 pm	\$20.00 YMCA Members \$40.00 Non-Members
Saturday	1:00 - 2:00 pm	\$10.00 YMCA Members \$20.00 Non-Members

## **FAMILY EVENTS**

## **Royal Family Dance**

Join us for one of our most popular family events of the year! Parents bring your special Prince or Princess for a fairytale evening of music, dancing and fun! Children can dress as a favorite princess or prince, or wear their own special outfit. Enjoy a magical family evening with the Enchanted Fairytale group! Boys and girls ages 1-10 years. Deadline to register February 21, 2026.

Friday, February 27, 2026.......6:00 – 7:30 pm......\$15.00/family - YMCA Members \$30.00/family – Non-Members

## **Super Hero Training Academy**

It's a bird, it's a plane, it's Superhero Training Academy. Dress as your favorite Super Hero. Come train with local Super Heroes and get strong, have fun and take photos with our special guest Heroes! Boys and girls ages 2-8. \*Parent must attend with child. Sign up before Wednesday, March 18, 2026.

Saturday, March 21, 2026......1:00 – 2:30 pm......\$10.00 YMCA Child/Members \$15.00 Non-Members

## In & Under Water Easter Egg Hunt

This is an Easter Egg Hunt where participants ages 3 to 11 years will swim in the pool searching for Easter Eggs above and below the water! Kids will collect eggs in the pool and redeem them for prizes. Children of all swimming abilities are welcome. If your child wears a bubble they are required to have an adult in the water with them. All kids are open to bring their own baskets to the ONLY Easter pool party in town! Sure to be a super FUN event!

Open to YMCA Members and Non-members. Registration deadline is March 25, 2026.

Saturday, March 28, 2026......11:30 am – 12:30 pm......\$5.00/child YMCA Members

\$8.00/child Non Members

### Healthy Kids Day AND KIDZ Tango at the Warren Y

Come to your Warren YMCA and enjoy many physical fitness activities throughout the Y. Families can learn about upcoming Summer Sport Camps, YMCA Day Camps, Summer Swim and many other YMCA sponsored programs! This day is also our Kick-off for Fall Soccer registration. Save \$5.00 per child for soccer registration this day only! Swim in our pool, play in our gym, and get your face painted and more! Pony rides and bounce house too! Come be a healthy, happy Y family.

\*\*KIDZ Tango Fitness Adventure: Kids ages 5-12 will compete in multiple fitness challenges throughout the Y. Events include a ½ mile run, 1 mile bike ride, 100 meter swim, orienteering (finding objects with a map), and rock climbing. Adventure begins at 12:00 noon. *Please pre-register for this FREE event!* Email <a href="mailto:andrew@warrenymca.org">andrew@warrenymca.org</a> with questions.

Saturday, April 25, 2026	10:00 am - 2:00 pm	FREE – Everyone Welcome!
KIDZ Tango	12:00 pm - 2:00 pm	FREE - Registration Required

## **BIRTHDAY PARTIES**

## Birthday Parties at the Y

Let the birthday party begin! Book a 2-hour birthday party for Saturday from 2:00-4:00 pm. Or a pool party on Sunday from 2:00-4:00 pm. Party space rental includes use of Birthday Party room (Program Room #4) for the 1st hour to enjoy snacks, birthday cake, presents, etc. and a 2nd hour in one of the following fun areas:

## **SATURDAYS: (GYM OR CHARACTER CLUB)**

\*Character Club Playspace: Ages 9 and under. Fifteen (15) total participants.

\*Bounce House Fun in the Gymnasium: Ages 10 and under. Thirty (30) total participants.

\*Basketball/Free Play: Ages 10 & up. Thirty (30) total participants.

**SUNDAYS: (POOL)** 

\*Swim Party: Ages 10 & up. Twenty-five (25) total participants.

(Ages 9 & under must be accompanied by an adult in the water.)

Reservations MUST be made 4 weeks in advance. Payment in full is due at registration. A 50% refund will be issued ONLY if the party is cancelled in writing/email 2-WEEKS PRIOR to the reserved party date. NO refund is available if cancelled less than 2 weeks from the reserved party date, as this reservation has prevented other rental opportunities. Email andrew@warrenymca.org.

To schedule a party, please book online through our home page or at the Y Front Welcome Desk. First come, first serve for the available party dates listed on our website. Must book 4 weeks in advance .A Birthday Party Facility Usage Contract is required to be signed and submitted within 24 hours of booking party. Download the contract from our website or pick up at the Y Front Welcome Desk.

## Days/Time:

Saturday (GYMNASIUM RENTAL, BOUNCE HOUSE OR CHARACTER CLUB) 2:00-4:00 pm

Sunday (POOL) 2:00-4:00 pm (Available November thru May only)

Cost: \$125.00 YMCA Members / \$150.00 Non-Members (2-hour party)

**Payment:** Payment in full is due at registration.

Ages:

Character Club and Bounce House for ages 10 & under.

Basketball/Gymnasium Play/Swim for ages 10 & up. (Pool – 9 & under must be accompanied by an adult

in the water.)

**Registration Reservations:** See our website for available party dates.

Contact: Andrew Papalia, Youth & Family Coordinator

## Mermaid 101 / Mermaid Birthday Parties

A once in a lifetime opportunity to experience being a Mermaid! The class fee includes rental of a mermaid tail, mono-fin, and a photo shoot in and above water. Participants will safely be taught how to use a mermaid tail, dive for treasure, blow bubble kisses, dives and rolls. Must have basic swimming skills such as float on front and back, roll from front to back, swim 25 meters unassisted and tread water for 60 seconds. Instructor: Jill Hunter

If interested in scheduling a personalized session or booking a birthday party, please email Dani Mumford, Aquatics Director at:<a href="mailto:dani@warrenymca.org">dani@warrenymca.org</a>.

Cost.....\$60.00 per 1.5 hour session/per person.

<sup>\*</sup>Must have a signed swim waiver on file or parent must sign before party date.

## **ARTS/ HUMANITIES/ ANNUAL SUPPORT**

## Special Ops Auction - December 2025

The Special Ops Auction is held annually in December. This event supports the Warren County YMCA operations and aids the YMCA in being able to continue to offer outstanding services to all of Warren County. For this auction, the YMCA Board of Directors solicits items from the community which are held for auction during this fun and exciting evening event at the Conewango Club. Items that have been collected for past auctions include, a penthouse villa vacation in Florida, an autographed NFL helmet, tickets to major sporting events, autographed sports equipment, gift certificates to local restaurants and businesses, hunting adventure trips, and much more! This event is held both online and in person and everyone is welcome to attend.

Auction items are listed online and the link will be available on our website prior to the event. This allows bidders to submit bids prior to the live auction and makes it fun for everyone. Who knows, this may be the event where you win the perfect Christmas or Birthday gift for that special someone!

Date: Thursday, December 11, 2025

**Time:** Doors Open at 5:00 pm. Live Auction Begins at 7:00 pm. **Location:** Conewango Club, 201 Market Street. Warren, Pa.



11th Annual Craft Show – Saturday, March 14, 2026

Home-based businesses and craft vendors from all around our area will showcase their products and beautiful hand-crafted items and displays. Year after year, new things to see and purchase in both of our full-size gymnasiums! A Chinese Auction will be held at 2:00 pm. All proceeds from this event will benefit our **YMCA Youngsville and the Warren YMCA Family and Youth programs**.

Saturday, March 14, 2026......9:00 - 3:00 pm.....\$1.00 Public Entry Fee

## \*\*Vendor Registration:

Registration opens January 2, 2026. Vendors **MUST** register by March 1, 2026. Register early for reduced rate!

Vendors are asked to donate 1 item toward a Chinese Auction. Registration form is available to download on the Y website: www.warrenymca.org

Cost until Jan. 31st: Single Space (9x8): \$25.......Double Space (16x8): \$40 Cost after Feb. 1st: Single Space (9x8): \$30......Double Space (16x8): \$50

**Note:** Tables are **NOT** provided, but are available to rent at the cost of \$10.00 per table if needed. (2 max) Limited amount. 1<sup>st</sup> come, 1<sup>st</sup> serve. NO refunds will be issued once registered.

Table size: 6 x 2 ½ feet.

Checks may be made out to YMCA of Warren or credit cards (MasterCard, VISA, AmEx, Discover) are accepted as well.

\*\*Please contact Jennifer Suppa at 814-726-0110, ext. 1112 or email suppa@warrenymca.org.

## **ARTS/ HUMANITIES/ ANNUAL SUPPORT cont'd.**

## LIVESTRONG Annual Book Sale - Wednesday, June 3rd thru Friday, June 5, 2026

We collect new and used books for our Annual Livestrong at the Y Book Sale. All genres accepted, except encyclopedias and magazines! Drop off at the West Gymnasium during collection dates and then come back to shop during the sale. The final day of the sale is fill a bag for \$1.00! (Bag fee of \$1.00 paid at entry to sale.) Books may be dropped off beginning Tuesday, May 26th thru Friday, May 29, 2026. The sale will be held Wednesday, June 3<sup>rd</sup>thru Friday, June 5, 2026.

**Book Drop Off:** Begins Tuesday, May 26th and ends Friday, May 29, 2026 **Sale Dates and Times:** 

Wednesday, June 3<sup>rd</sup>: 9:00 am - 7:00 pm Thursday, June 4<sup>th</sup>: 9:00 am - 7:00 pm

Friday, June 5<sup>th</sup>: 9:00 am - 5:00 pm (Fill a bag for \$1.00)



## **Partnership Music ARTs**

The Warren County YMCA, in an effort to meet every child and adult's needs, has partnered with the Warren County Music Conservatory to offer our members the enrichment of music instruction. Whether it is vocal or instrumental the Warren Music Conservatory offers a wide range of choices for members who are interested in ANY GROUP CLASS that they offer.

Please log on at <a href="https://warrenmusicconservatory.com">https://warrenmusicconservatory.com</a> to look at the wide range of classes offered. All Warren County YMCA members receive a **25% discount** on their group class fee when a current membership voucher is presented at the time of registration.

## **BABYSITTING/CHILD WATCH SERVICE**

This is a nut free room. A staffed, babysitting/child watch for children six (6) weeks to ten (10) years of age is offered to YMCA participants while they are using the facility only. Available hours are listed below and are subject to change due to low enrollment. PAYMENT REQUIRED AT TIME OF SERVICE – NO EXCEPTIONS.

## Winter/Spring 2026 Opens Monday, January 5, 2026

Monday - Friday 7:45 am - 1:00 pm Monday - Friday 5:00 pm - 7:30 pm Saturday (Until May 16<sup>th</sup> ) 8:00 am - 12:00 noon

## **Babysitting Closings:**

December 15<sup>th</sup> through December 19<sup>th</sup> (PM CLOSED)

December 20th through January 4<sup>th</sup> (AM/PM CLOSED)

Friday, April 3, 2026 – Good Friday Saturday, April 4, 2026

#### Cost:

\$2.75 per hour - per child. Payment must be made at time of service. A Non-refundable babysitting card can be purchased at the Front Desk: 8 Hours for \$20.00 and 14 hours for \$35.00. Cards expire 1 year from date of purchase.

## YMCA Family Advantage Card - 15 hours of FREE Babysitting Service

This membership benefit was created in 2016 to provide newly activated Family membership units the opportunity to receive a complimentary Family Advantage Card worth 15 hours of child-watch services. The 15 hours of complimentary child-watch service is a value of \$37.50, expiring one month from the date of membership activation. In addition, the Family Advantage opportunity extends to members under any Family membership type registering for a five (5) week session of a Y fitness program. The 15-hour complimentary child-watch service for fitness program registration expires at the end of each5 week session.

\*Not available with Water Fitness, Group Cycle Punch Cards and Personal Training. One card per Family unit.

**Health:** Parents should exercise every caution and keep their child home should any unusual symptoms occur. If a child has been exposed to a contagious disease, he/she should be at home. We cannot accept children into the babysitting program if he/she exhibits any of the following: fever, vomiting, a rash, discharging eyes or ears, discolored nasal discharge, thrush or head lice.

## PLAYSPACE PLAYTIME for EVERYONE!

Children aged 2-10 years can enjoy fun and exercise in the Character Club playroom with our Playspace Playtime! Non-members may pay a fee of \$5.00/child to utilize the Character Club play area for 1 hour during the advertised open play times. Member children are free! Must register at the Front Welcome Center. Appropriate colored wristbands will be issued to indicate usage allowance. Parents must remain in the room and supervise their child during playtime. Sneakers or closed back shoes must be worn. NO flip flops. This is a nut-free room.

 ${
m *Character}$  Club is NOT open for usage during our staffed Childwatch/Babysitting hours.

\*Character Club is NOT open for usage during our staffed Childwatch/Babysitting hours.

#### Playspace OPEN Playtime Hours through May 16th:

Monday-Friday: 1:30-4:45 pm Saturday: 1:00 pm - 7:00 pm Sunday: 1:00 - 4:30 pm

Cost: Members: FREE / Non-Members: \$5.00/child

## Y EARLY LEARNING CENTER CARE

## **PreK1 Program**

For toddlers age 24-36 months. This is a year-round program. Class size is limited.

#### This program is designed to:

- \*Facilitate your child's social/emotional needs through a warm and nurturing environment.
- \*Offer opportunities to develop their cognitive, fine motor and gross motor skills.
- \*Your child will be introduced to social experiences with peers through role play, teacher-led playing and discovery play.
- \*Introduce/expand their selfhelp skills

Days:.....Monday-Friday

**Time:**.....6:00 am - 5:00 pm

Annua

Registration fee:.....\$40.00

Weekly Cost:.

Member& NM.....\$165.00

\*This cost includes: AM/PM snack,1 gym class

Late Payment fee......\$20.00 Late Pick-up.......\$5.00 per minute after 5:15 pm

#### **Parent Provides:**

- \*Soft Sleep Items (Nap is on Cot)
- \*Diaper/Pull Ups
- \*Wipes
- \*Change of Clothing
- \*Nut free lunch

## REGISTRATION DATES:

When openings are available

#### Preschool

A traditional Preschool program for ages 3-5. This is a nine-month program, running from September to May.

\*Must be potty-trained.

#### This program provides:

- \*Learning environment through age-appropriate activities.
- \*Expands social/emotional peer skills.
- \*Two swim classes and 1 gym class per week.
- \*A curriculum which closely aligns with Warren County School District to help prepare your child for entering Kindergarten.
- \*AM snack is provided.

Registration fee:..\$40.00

3-year-old class: Tues/Wed/Thurs Time:.8:30 - 11:30 am

#### **Cost Monthly:**

Member.....\$135.00 Non-Member.....\$170.00

4-year-old class: Monday thru Friday Time: 8:00 am-12:00 pm

#### Cost Monthly:

Member.....\$200.00 Non-Member.....\$235.00

Late Payment fee: \$20.00

Late Pick-up fee:

\$5.00 per minute after 12:00pm

#### **REGISTRATION DATES:**

Members: Wed., March 4, 2026 Non-Mem: Wed., March 11,

## Yer's Care

This care program is for ages 3-5 who are enrolled in our Preschool program. This is a nine-month program, running from September to May in conjunction with our Preschool.

\*Must be potty-trained.

#### This program provides:

- \*Learning environment through age-appropriate activities.
- \*Expands social/emotional peer skills.
- \*Offer a structured, fun and safe place where children can learn cooperative and leadership skills.

\*PM snacks are provided daily.

**Days**.....Monday-Friday

**Time**......6:00 am – 8:30 am .....12:00 noon – 5:00 pm

Registrationfee:.....\$40.00

## Weekly Cost:

(3 yr old Yer's Care) Member.....\$125.00

Non-Member......\$135.00

## Weekly Cost:

(4 yr old Yer's Care) Member.....\$110.00

Non-Member......\$120.00

Late Payment fee....\$20.00 Late Pick-up.....\$5.00 per minute after 5:15 pm

#### **Parent Provides:**

- \*Soft Sleep Items (Nap is on Cot)
- \*Change of Clothing
- \*Nut free lunch

## REGISTRATION DATES:

l Members: Wed., March 4, 2026 Non-Mem: Wed., March 11, 2026

## School Age Care

Children currently enrolled in *Kindergarten through 4th grade* are offered care before and after school along with No School Days, cancellation of school days and 2-hour Delays.

#### This program provides:

\*Availability to participate in other YMCA activities.

\*A structured, fun and safe place where children can learn cooperative and leadership skills. \*PM snacks are provided.

Registration Fee:......\$40.00

#### Weekly Fees:

**AM Care**: (6:00am - Bus P/U) Member.....\$25.00 Non-Member.....\$35.00

#### PM Care:

Member.....\$45.00 Non-Member....\$55.00

#### AM & PM Care:

Member.....\$65.00 Non-Member....\$75.00

Late Payment fee........\$20.00 Late Pick-up fee.....\$5.00 (per minute after 5:15 pm)

#### 2-Hour Delay

Member.....\$20.00 Non-Member....\$30.00

## NSD/Cancelled School:

(7:30 am - 4:30 pm)
Member.....\$45.00
Non-Member....\$60.00

#### Before/After (NSD) 6:00-7:30 am / 4:30-5:00 pm

Member......\$12.00 Non-Member.....\$20.00

\*\*MUST pre-register for NO School Days <u>and</u> be enrolled in Childcare.

\*\*MUST bring a nut-free lunch for NSD & Cancelled school.

## **REGISTRATION DATES:**

TBA'd when openings available

If you sign up for any of the services listed above, you will be charged whether your child attends or not.

The Y Early Learning Center is PA-DHS facility and is a Keystone Star 3 participant.

Part time care in these programs IS NOT OFFERED. (Contact Harmonie Kibbey for waitlist inquiry.)

## \*\*\*Based on our Warren County YMCA Building Policy:

IF A CHILD IS UNDER THE AGE OF 10 THEY MUST BE REGISTERED FOR THE APPROPRIATE AGE PROGRAMS LISTED OR THEY WILL NOT BE PERMITTED IN THE BUILDING WITHOUT A RESPONSIBLE ADULT/GUARDIAN.\*\*\*

## Warren YMCA School Age Childcare (SAC) for 2025-2026

This group will focus on children entering K to Age 10

Non-Refundable/Non-Transferable Registration Fee:\$40.00 Members & Non-members

Weekly Time:	Member Fee:	Non-Member Fee:
AM / PM Care (6:00-8:00 AM / 3:00-5:00 PM)	\$65.00 / week	\$75.00 / week
PM Only Care (3:00-5:00 PM)	\$45.00 / week	\$55.00 / week
AM Only Care (6:00-8:00 AM)	\$25.00 / week	\$35.00 / week
2 Hour Delay* (6:00-10:00 AM)	\$20.00 / day	\$30.00 / day
NSD/School Cancellation**	\$45.00 / day	\$60.00 / day
B/A NSD (6-7:30 am / 4:30-5:30 pm)	\$12.00 / day	\$20.00 / day

<sup>\*</sup>Bus transportation by WCSD to the school is ONLY available to those enrolled in SAC AM or AM/PM Care\*

\*\*Must have all required paperwork completed/filed per PA DHS regulations\*\*

NSD schedule follows WCSD cancellation schedule. NSD Care is only offered on days WCSD is closed.

Contact Harmonie Kibbey email: harmonie@warrenymca.org

# Summer Camp 2026... Details will be available in our 2026 Summer Program Guide and online at www.warrenymca.org

