



- Shower before entering pool – no perfume/cologne
 - No diving in shallow end of pool
 - For the safety of our members and guests, swimmers may be asked to pass a YMCA swim test (swim one length of the pool without touching the wall or the ground)
 - No food, drink or gum permitted in pool area or locker rooms
 - No running, pushing or dunking
 - No bubbles, lifejackets, or puddle jumpers in deep end or off diving board
 - Adults must be in the water with all children wearing bubbles, lifejackets, or puddle jumpers (or non-swimmers) & directly supervise them
 - An adult (age 18+) must accompany children ages 9 & under during Open/Family Swim
 - Any behavior that endangers self or others is not permitted
- No flotation devices other than swim bubbles or US Coast Guard approved lifejackets or puddle jumpers permitted in pool
- Kick boards, fins, and pull buoys may be used by adults only
 - Masks & snorkels are not permitted during Open/Family swim
 - Please obey lifeguard's instructions
 - Report all injuries to lifeguards
 - No cotton garments or street clothes are permitted. Spandex, nylon, rayon, board shorts and Rashgaurd allowed.
 - Use of starting blocks not permitted
 - Persons utilizing the diving board must be able to swim a length of the pool on their front without flotation device Swim waivers are mandatory for all person utilizing the diving board & a green wristband must be secured at the front desk before entering the pool

Failure to follow rules could result in suspension of privileges.

