

General Pool Rules:

- Please shower before entering the pool—no perfume/cologne
- No diving in shallow end of pool
- Please obey lifeguard's instructions
- **An adult must accompany children ages 9 & under during Open Swim**
- Adults must be in the water with all children wearing bubbles (or non-swimmers) & directly supervise them
- Follow pool rules listed on the walls in the pool area
- No food, drink or gum allowed in locker rooms or pool area
- Masks & snorkels are not permitted during Open or Family swims
- No shirts or cut-offs are permitted
- Water wings or swimsuits with floats inserted are not permitted. Coast Guard Approved Life Jackets and Puddle Jumpers permitted.
- Persons utilizing the diving board must be able to swim a length of the pool on their front without floatation device
- Swim waivers are mandatory for all persons utilizing the diving board & a green wristband must be secured at the front desk before entering the pool

Definitions of Swim:

Open Swim— Open to anyone for recreational or fitness swimming. **Adults must accompany children age 9 & under.** Children using bubbles, puddle jumpers and/or Coast Guard approved life jackets must be directly supervised by an adult in the water. Noodles, balls, masks/ snorkels/fins, swimsuits with floats inserted and water wings are NOT permitted. 3 lap lanes available.

NO Open/ Lap Swim if Birthday Party is scheduled on Saturday.

Family Swim— Open for all families to practice skills or simply enjoy the water. Adults must accompany all children. Children using bubbles, puddle jumpers or Coast Guard approved life jackets must be directly supervised by an adult in the water. Noodles and balls are permitted. Water wings, swimsuits with floats inserted, and masks/snorkel/fins are NOT permitted. Three lap lanes available

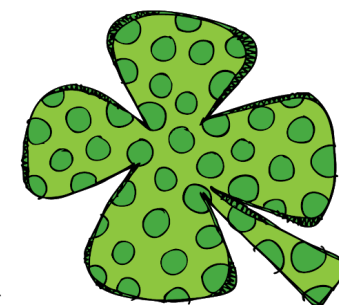
Adult Rec— A time set aside for adults age 18 and older to water walk, swim laps, exercise, or just enjoy the water. Please be considerate of others.

Lap Swim— A time set aside for lap swimming only. We encourage all swimmers, of any age, to circle swim & work together during peak times.

Adult Lap Swim— same as Lap Swim but for adults ages 18 & older

(32 laps or 64 lengths = 1 mile)

Pool Schedule



March 13-31st, 2020

*Warren County YMCA
212 Lexington Avenue
Warren - PA 16365*

**AQUATICS DIRECTOR
DANI MUMFORD
814-726-0110 ext. 116
www.warrenymca.org**

CDC.gov: There is no evidence that COVID-19 can be spread to humans through the use of pools and hot tubs. Proper operation, maintenance, and disinfection (e.g., with chlorine and bromine) of pools and hot tubs should remove or inactivate the virus that causes COVID-19.

March 13-31st, 2020

Monday

5:15-7:15am	Lap Swim
7:15-9:00am	Adult Rec
9:00-10:00am	Swimnastics/ Wave Runners
10:00-10:30am	Water Discovery/ Adult Rec (deep)
10:30-12:00pm	Y Swim Programs
12:00-1:00pm	Adult Lap
1:00-1:45pm	Arthritis/Deep Adult Rec *7
4:00-5:15pm	Y Swim Programs
5:30-8:00pm	Open Swim *2
8:00-9:00pm	Adult Swim Instr/ Adult Rec (deep)

Thursday

5:15-7:15am	Lap Swim
7:15-9:00am	Adult Rec *6
9:00 - 10:00am	Aquacize
10:00-12:00pm	Y Swim Programs
12:00-1:00pm	Adult Lap
1:00-2:00pm	Open Swim *3
4:30-5:30pm	Y Swim Programs
5:00-6:00pm	Synchronized Swim- ming
6:00-8:00pm	Open Swim *2
8:00-9:00pm	Swimnastics/Adult Rec (deep)

Tuesday

5:15-7:15am	Lap Swim
7:15-9:00am	Adult Rec *6
9:00 - 10:00am	Aquacize
10:00-12:00pm	Y Swim Programs
12:00-1:00pm	Adult Lap
1:00-2:00pm	Open Swim *3
4:30-5:30pm	Y Swim Programs
5:00-6:00pm	Synchronized Swim- ming
6:00-8:00pm	Open Swim
8:00-9:00pm	Swimnastics/Adult Rec (Deep)

Friday

5:15-7:15am	Lap Swim
7:15-9:00am	Adult Rec
9:00-10:00am	Swimnastics/ Wave Runners
10:00-11:30am	Home School/Champion Swim *9
11:30-1:00pm	Adult Lap
1:00-1:45pm	Arthritis/Deep Adult Rec*8
4:00-5:00pm	Open Swim
5:00-6:00pm	Y Swim Programs
6:00-7:00pm	Rainbow Swim
7:00-9:00pm	Open Swim

Wednesday

5:15-7:15am	Lap Swim
7:15-9:00am	Adult Rec
9:00-10:00am	Swimnastics/ Wave Runners
10:00-11:00am	Adult Rec *11
12:00-1:00pm	Adult Lap
1:00-1:45pm	Arthritis/Deep Adult Rec
4:00-5:15pm	Y Swim Programs
5:30-8:00pm	Open Swim
8:00 - 9:00pm	Adult Rec

Saturday

7:15-8:30am	Lap Swim
8:30-10:00am	Y Swim Programs
10:00-12:00pm	Open Swim
12:00-1:00pm	Adult Lap
1:00-3:00pm	Open Swim
3:00-4:00pm	Birthday Party *4
4:00-6:00pm	Family Swim *4
6:00-8:00pm	Open Swim

Sunday

12:45-3:00pm	Family Swim
3:00-4:00pm	Open Swim
4:00-5:00pm	Birthday Party *5

SCHEDULE CHANGE AND CLOSINGS:

2. REAXRAFT CLASSES
Every Mon/Thurs
7:00-7:30 pm
(During Open Swim)

3. CHAMPION FIREFLY SWIM
Every Tues/Thurs
1:00-2:00 pm
(During Open Swim)

4. GLADE VFD (half pool)
Sat. March 28th 5-7pm

5. BIRTHDAY PARTY
Sun. March 22nd
Sun. March 29th

6. ADULT SWIM LESSONS
Every Tues/Thursday
8:00-9:00am
(During Adult Rec)

7. NO SCHOOL DAY EXTRA OPEN SWIM

Mon. March 16th 2-4pmz

9. YOUNGSVILLE SWIM
10:00-11:00 AM
Fri. March 20th

11. WCSD LIFE SKILLS
10:00-11:00am
Wed. March 25th

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Schedule subject to change without notice!
**** If no Birthday party is scheduled it is open swim**