

General Pool Rules:

- Please shower before entering the pool—no perfume/cologne
- No diving in shallow end of pool
- Please obey lifeguard's instructions
- **An adult must accompany children ages 9 & under during Open Swim**
- Adults must be in the water with all children wearing bubbles (or non-swimmers) & directly supervise them
- Follow pool rules listed on the walls in the pool area
- No food, drink or gum allowed in locker rooms or pool area
- Masks & snorkels are not permitted during Open or Family swims
- No shirts or cut-offs are permitted
- Life jackets, water wings or swimsuits with floats inserted are not permitted
- Persons utilizing the diving board must be able to swim a length of the pool on their front without floatation device
- Swim waivers are mandatory for all persons utilizing the diving board & a green wristband must be secured at the front desk before entering the pool

Definitions of Swim:

Open Swim— Open to anyone for recreational or fitness swimming. Adults must accompany children age 9 & under. Children using bubbles must be directly supervised by an adult in the water. Noodles, balls, life jackets, masks/ snorkels/fins, swimsuits with floats inserted and water wings are not permitted. 3 lap lanes available.

NO lap swim or open swim if Birthday Party scheduled on Sat. or Sun.

Family Swim— Open for all families to practice skills or simply enjoy the water. Adults must accompany all children. Children using bubbles must be directly supervised by an adult in the water. Noodles and balls are permitted. Life jackets, water wings, swimsuits with floats inserted, masks/ snorkel/fins are not permitted. 3 lap lanes available

Adult Rec— A time set aside for adults age 18 and older to water walk, swim laps, exercise, or just enjoy the water. Please be considerate of others.

Lap Swim— A time set aside for lap swimming only. We encourage all swimmers, of any age, to circle swim & work together during peak times.

Adult Lap Swim— same as Lap Swim but for adults ages 18 & older

(32 laps or 64 lengths = 1 mile)



Pool Schedule

**December 16 -
December 31 , 2018**

AQUATIC COORDINATOR
DANI MOSTACHETTI
814-726-0110 ext. 116





December 16–December 31, 2018



Monday

5:30-5:50am	Lap Swim
5:50-7:20am	WAHS Swim Team
7:20-10:00am	Adult Rec
10:00-12:00pm	Open Swim
12:00-1:00pm	Adult Lap *Pool closes at 12:30pm on New Year's Eve
1:00-4:00pm	Open Swim
4:00-7:00pm	Y Swim Team
7:00-8:00pm	Open Swim
8:00-9:00pm	Adult Rec

Tuesday

5:30-7:00am	Lap Swim
7:00-10:00am	Adult Rec
10:00-12:00pm	Open Swim
12:00-1:00pm	Adult Lap
1:00-4:00pm	Open Swim
4:00-7:00pm	Y Swim Team
7:00-8:30pm	WAHS Swim Team
8:30-9:00pm	Adult Rec

Wednesday

5:30-7:00am	Lap Swim
7:00-10:00am	Adult Rec
10:00-12:00pm	Open Swim
12:00-1:00pm	Adult Lap
1:00-4:00pm	Open Swim
4:00-7:00pm	Y Swim Team *12/19 WAHS Swim meet
7:00-8:30pm	WAHS Swim Team *
8:30-9:00pm	Adult Rec

Thursday

5:30-5:50am	Lap Swim
5:50-7:20am	WAHS Swim Team
7:20-10:00am	Adult Rec
10:00-12:00pm	Open Swim
12:00-1:00pm	Adult Lap
1:00-4:00pm	Open Swim
4:00-7:00pm	Y Swim Team
7:00-8:00pm	Open Swim
8:00-9:00pm	Adult Rec

Friday

5:30-7:00am	Lap Swim
7:00-10:00am	Adult Rec
10:00-12:00pm	Open Swim
12:00-1:00pm	Adult Lap
1:00-3:45pm	Open Swim
3:45-5:00pm	WAHS Swim Team
5:00-9:00pm	Open Swim

Saturday

7:15-8:30am	Lap/WAHS Swim Team
8:30-9:30am	Adult Lap
9:30-10:00am	Y Programs
10:00-12:00pm	Open Swim
12:00-1:00pm	Adult Lap
1:00-3:00pm	Open Swim
3:00-4:00pm	Birthday Party**
4:00-6:00pm	Family Swim
6:00-8:00pm	Open Swim

Sunday

12:45-3:00pm	Family Swim
3:00-4:00pm	Open Swim
4:00-5:00pm**	Birthday Party

ATTENTION!
***Wed., Dec. 19th WAHS Swim Meet from 5:30-9pm**
*** Y CLOSED Dec. 24 25, and Jan. 1**
*** Pool closes at 12:30pm on Dec. 31 (Y Closes at 1:00 pm)**
Happy New Year!

Pool Parties:
Sun. Dec. 16th
Sun. Dec. 23rd

Schedule subject to change without notice!
**** If no Birthday party is scheduled it is open swim**