

General Pool Rules:

- Please shower before entering the pool—no perfume/cologne
- No diving in shallow end of pool
- Please obey lifeguard's instructions
- An adult must accompany children ages 6 & under
- Adults must be in the water with all children wearing bubbles (or non-swimmers) & directly supervise them
- Follow pool rules listed on the walls in the pool area
- No food, drink or gum allowed in locker rooms or pool area
- Masks & snorkels are not permitted during Open or Family swims
- No shirts or cut-offs are permitted
- Life jackets, water wings or swimsuits with floats inserted are not permitted
- Persons utilizing the diving board must be able to swim a length of the pool on their front without floatation device
- Swim waivers are mandatory for all persons utilizing the diving board & a green wristband must be secured at the front desk before entering the pool

Definitions of Swim:

Open Swim— Open to anyone for recreational or fitness swimming. Adults must accompany children age 6 & under. Children using bubbles must be directly supervised by an adult in the water. Noodles, balls, life jackets, masks/ snorkels/fins, swimsuits with floats inserted and water wings are not permitted. 3 lap lanes available.

Family Swim— Open for all families to practice skills or simply enjoy the water. Adults must accompany all children. Children using bubbles must be directly supervised by an adult in the water. Noodles and balls are permitted. Life jackets, water wings, swimsuits with floats inserted, masks/ snorkel/fins are not permitted . 3 lap lanes available

Adult Rec— A time set aside for adults age 18 and older to water walk, swim laps, exercise, or just enjoy the water. Please be considerate of others.

Lap Swim— A time set aside for lap swimming only. We encourage all swimmers, of any age, to circle swim & work together during peak times.

Adult Lap Swim— same as Lap Swim but for adults ages 18 & older

(32 laps or 64 lengths = 1 mile)



**January 2 - January 31
2018**

AQUATIC COORDINATOR
DANI MOSTACHETTI
814-726-0110 ext. 116





January 2 - January 31 2018



Monday *Jan 11, 15

5:30-6:30am	Lap Swim
6:30-8:00am	WCSD Swim Team
8:00-9:00am	Adult Rec
9:00-10:00am	Swimnastics/ Wave Runners
10:00-10:30am	Water Discovery
10:30-12:00pm	Y Swim Programs
12:00-1:00pm	Adult Lap
1:00-1:45pm	Arthritis/Deep Adult Rec
4:00-5:15pm	Y Swim Programs
4:00-7:00pm	Y Swim Team *
7:00-8:00pm	Open Swim *
8:00-9:00pm	Adult Swim Instr/Adult Rec (deep)*

Tuesday

5:30-6:30am	Lap Swim
6:30-8:00 am	WCSD Swim Team
8:00-9:00 am	Adult Rec
9:00-10:00am	Aquacize
10:00-12:00pm	Y Swim Programs
12:00-1:00pm	Adult Lap
1:00-2:00pm	Open Swim
4:30-5:30pm	Y Swim Programs
4:00-7:00pm	Y Swim Team
7:00-8:00pm	Open Swim
8:00-9:00pm	Swimnastics/Adult Rec (deep)

Wednesday

5:30-6:30am	Lap Swim
6:30-8:00 am	WCSD Swim Team
8:00-9:00 am	Adult Rec
9:00-10:00am	Swimnastics/ Wave Runners
10:00-10:30am	WCSD special needs
10:30-12:00pm	Y Swim Programs
12:00-1:00pm	Adult Lap
1:00-1:45pm	Arthritis/Deep Adult Rec
4:00-5:15pm	Y Swim Program
4:00-7:00pm	Y Swim Team
7:00-9:00pm	Open Swim

Thursday * Jan 11, 18, 25

5:30-6:30am	Lap Swim
6:30-8:00 am	WCSD Swim Team
8:00-9:00am	Adult Rec
9:00-10:00am	Aquacize
10:00-12:00am	Y Swim Programs
12:00-1:00pm	Adult Lap
1:00-2:00pm	Open Swim
4:30-5:30pm	Y Swim Programs
4:00-7:00pm	Y Swim Team*
7:00- 8:00pm	Open Swim*
8:00-9:00pm	Swimnastics/Adult Rec (deep)*

Friday

5:30-6:30am	Lap Swim
6:30-8:00 am	WCSD Swim Team
8:00-9:00am	Adult Rec
9:00-10:00am	Swimnastics/ Wave Runners
10:00-11:00am	Home School
11:00-12:00pm	Open Swim
12:00-1:00pm	Adult Lap
1:00-1:45pm	Arthritis/Deep Adult Rec
4:00-5:00pm	Y Swim Team
5:00-6:00pm	Y Swim Programs
6:00-7:00pm	Rainbow Swim
7:00-9:00pm	Open Swim

Saturday *Jan 13, 27

7:15-8:30am	Lap/WCSD Swim Team
8:30-10:00am	Adult Lap (1-2 lanes)
8:30-10:00am	Y Swim Programs
10:00-12:00pm	Open Swim *
12:00-1:00pm	Adult Lap*
1:00-3:00pm	Open Swim*
3:00-4:00pm	Birthday Party**
4:00-6:00pm	Family Swim
6:00-8:00pm	Open Swim

Sunday

12:45-3:00pm	Family Swim
3:00-4:00pm	Open Swim
4:00-5:00pm	Birthday Party**

*ATTENTION:

Monday, January 15
and 29
Thursday, January
11, 18 and 25

POOL CLOSED
5:30pm to 9:00pm

for WAHS Home
Swim Meet

Saturday, January
13 and 27

POOL CLOSED
10:00am to 3:00
pm

for YMCA Home
Swim Meet

Schedule subject to change without notice!
**** If no Birthday party is scheduled it is
open swim**