

DOLPHINS



September 2016

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
				1	2	3
4	5	6 CLINIC Freestyle/Back Stroke 5:30-6:30	7	8 CLINIC Breast Stroke 5:30-6:30	9	10
11	12 Board Meeting 6:00	13 CLINIC Butterfly 5:30-6:30	14	15 CLINIC Starts & Turns 5:30-6:30	16	17
18	19 Practice Starts NEW 4:30-5:00 10 & Under 5-6 11 & Up 6-7	20	21	22 <u>Mandatory</u> ALL Parent Meeting Meet the Coach 6:00 - YMCA	23 No Practice	24
25	26 Regular Practice Schedule Starts	27	28	29	30	

Practices

Monday/Wednesday

Novice: 4:45-5:45

Cadet: 4:30-5:45

Prep: 5:30-7:00

Junior/Senior: 5:15-7:00

Tuesday/Thursday

Novice: 4:30-5:30

Cadet: 4:30-5:45

Prep: 5:15-7:00

Junior/Senior: 5:15-7:00

Friday

Novice: No Practice

Cadet: 3:30-5:00

Prep: 3:30-5:00

Junior/Senior: 3:30-5:00